

# Marlins Dominate at Guelph Lake Triathlon

This past weekend at the Guelph Lake Triathlon the Marlins made their mark at the Provincial Championships for the Olympic distance triathlon, as well as in the shorter Sprint and Try-a-Tri distances. Members of the Guelph Marlins Aquatic Club placed three in the top 6 of the provincial championship. Marlins also won 4 of the age groups and posted 8 in the top 5 placings in age groups ranging from 20 to 59. With the recent popularity in triathlons, the Guelph Marlin Triathlon Club, now in its third season, has seen its membership increase dramatically. The outstanding results of the club, many of whom swim with the Marlin Masters swim program, are already turning the heads of the other teams.

The results are posted below. In each race competitors are ranked by their place in their respective age groups for men and women.

## Olympic Distance

Jasper Blake 1<sup>st</sup> overall, elite  
Dave Sharratt 3<sup>rd</sup> overall, elite  
Adriane Delmonte 6<sup>th</sup> overall (1<sup>st</sup> M20-24)  
Jon Carkner 13<sup>th</sup> Junior  
Alex Keen 5<sup>th</sup> M20-24  
Mike McDonough 11<sup>th</sup> M20-24  
Andrew Smith 12<sup>th</sup> M20-24  
Mark Shafir 1<sup>st</sup> M35-39  
Jamie Nickerson 4<sup>th</sup> M35-39  
John Fisher 1<sup>st</sup> M55-59  
Harry Barnes 3<sup>rd</sup> M55-59  
Jane Stamp 1<sup>st</sup> F40-44  
Dawn Larson 2<sup>nd</sup> F55-59

## Try a Tri

Brian Sharratt 3<sup>rd</sup> M50-59  
Jim Baird 13<sup>th</sup> M40-49  
Candace Sepulis 44<sup>th</sup> F20-29

## Sprint Distance

Josh McPhie 3<sup>rd</sup> Junior  
Gregory Mungall 11<sup>th</sup> Junior  
Ryan Krook 4<sup>th</sup> M20-24  
Jamie Hocken 18<sup>th</sup> M30-34  
Dermod Mark 14<sup>th</sup> M50-54  
John Sepulis 23<sup>rd</sup> M50-54  
Danielle Dickson 3<sup>rd</sup> Junior  
Victoria Mungall 8<sup>th</sup> Junior  
Breanne Sharratt 5<sup>th</sup> W20-24  
Jess Good 7<sup>th</sup> W20-24  
Heather Pollock 7<sup>th</sup> W25-29  
Sue Bryden Cromwell 4<sup>th</sup> W45-49

## Duathlon

Gary Stamp 12<sup>th</sup> M40-49  
Michele Preyde 1<sup>st</sup> W40-49