

May 5 2005

Press Release

Military Man Breaks the World Record in 100m Carry with Fins!

Today during the Prelims of the 100m Carry with Fins event, Marc Prud'homme from Montreal destroyed the Canadian Record by over 6 seconds with a time of 51.04. The 100m Carry with Fins event tests an athlete's ability to swim 50m with fins and then rescue a fully submerged 100 pound manikin. In the finals, Marc then broke the world record with an unofficial time of 50.49.

Marc is here in Kamloops competing at the Canadian Lifeguard Championship in Kamloops from May 4-7.

He is from Montreal and part of the CFB Petawawa infantry. Swimming is nothing new to Marc as he was an Age Group Champion and a National level backstroker 1999-2000. However, this is Marc's first Canadian Lifeguard Championship.

Previous Canadian record holder Jeff Arthurs is also competing at this championship.

Come see the excellent pool of talent here in Kamloops this weekend with Olympians past present and future.

Saturday's events start at 8:30am at the Canada Games Aquatic Centre in Kamloops, and the finals should begin around 4:00pm. Look out for Dustin Hersee and Marc Prud'homme in the 100m Obstacle event it should prove to be a close finish.

Lifesaving sport is a humanitarian sport first, where athletes must receive training in how to save a life before they can compete. The Lifesaving Society is a national, not-for-profit organization committed to reducing drowning and aquatic-related injury in Canada. Training programs include the Bronze Medallion and National Lifeguard Service award recognized as the standard for lifeguard training across Canada.

For more information please call:

Dale Miller, Executive Director at 604-341-7475 or
Anne Benn, Competition Coordinator at 604-762-2706