

June 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 4-5:30pm Jr Elite 5:30-6:15 Devo at UN	2 4-6pm Jr Elite at VD	3 5:30-7:30am Jr Elite UN 4-5:30 Comp 5-6pm Devo at VD	4 4-6pm Jr Elite at UN	5 Regionals at Brock 4-5:30 Jr Elite /Comp 5:30-7pm Comp/Devo at VD	6 7:30-9am workout for those not at Regionals
7 Regionals continued	8 5-6pm Devo at UN	9 4-6pm Jr Elite at VD	10 5:30-7:30am Jr Elite UN 4-5:30 Comp 5-6pm Devo at VD	11 4-6pm Jr Elite at UN	12 4-5:30pm Jr Elite 5:30-7pm Comp 6:15-7:15 Devo at VD	13 7-9am Jr Elite 9-10:30am Comp at UN
14 Cambridge meet for those not qual for Reg (year end!)	15 4-6pm Jr Elite at UN	16 4-6pm Jr Elite at VD	17 5:30-7:30am Jr Elite at UN	18 4-6pm Jr Elite at UN	19 4-6pm Jr Elite at VD	20 7-9am Jr Elite at UN
21 off	22 4-6pm Jr Elite at UN	23 4-6pm Jr Elite at VD	24 5:30-7:30am Jr Elite at UN	25 off	26 4-6pm Jr Elite at VD	27 7-9am Jr Elite at UN
28 off	29 4-6pm Jr Elite at UN	30 4-5:30pm Jr Elite at VD				